

DAY 1 | Wednesday 16th of November



Nick Potter





Fitstop



Andrew Weller Physical Performance Manager **Cricket Australia**



Jon Bartlett Elite Basketball Performance & Operations Advisor National Basketball Association (NBA)



Joanna Parsonage Research and Innovation Manager **Surfing Australia**



Aaron Alsop Executive Director High Performance Solomon Islands National Institute of Sport



Phil Hayward High Performance Consultant & Elite Physiotherapist **English Premier League Clubs & ATP Tour**



LA Galaxy

SESSION 1

7:45am - 8:30am

A sport specific approach to biomechanical performance enhancement

SESSION 2

8:30am - 8:50am An Inside into the world of Fitstop

SESSION 3

8:50am - 9:35am

Rehabilitation principles in high performance sport

SESSION 4

9:40am - 10:25am

Uncovering the Intersection between Connection, Collaboration and Cohesion for the Development of People, Programs, and Performance

SESSION 5

10:30am - 11:15am

The role of applied sports science in elite female surfing: how data is informing best practice and behavioural change.

SESSION 6

11:20am - 12:05pm

UNDERSTANDING ELITE ATHLETE WELLBEING AS A PERFORMANCE ENABLER: Taking an ecological systems & holistic development perspective

SESSION 7

12:10pm - 12:55pm

High Performance - Comparing Team and Individual sports: Lessons from The EPL and The ATP Tour

SESSION 8

1:10pm - 2:00pm

Developing a dynamic high performance program in professional football



HIGH PERFORMANCE SUMMIT

DAY 2 | Thursday 17th of November



Alex Calder
Head of Sports Science
Houston Dynamo FC



Ryan Carroll
Head Sports Physiotherapist
Tasmania JackJumpers



Dr Craig Duncan

Human Performance Strategist, 2014

Australian Sports Scientist of the Year



Anthony Stoitsis

Head of Performance Intelligence and Analytics

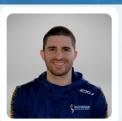
Collingwood Football Club



Harriet Brown
Exercise Physiologist & Professional
Athlete



Nick Adcock
Sports Science Sports Medicine Manager
Cricket Victoria



David Veli
Lead Physical Preparation Coach
Victorian Institute of Sport/Melbourne Vixens



Dr Tannath Scott

National Physical Performance Lead, Netball Australia & Athletic Performance Coach, Brisbane Lions

SESSION 1

8:00am - 8:45am

Return to play and avoidance of common soccer injuries

SESSION 2

8:50am - 9:35am

Implementing a High-Performance Program in a New Professional Sporting Franchise: Planning, Considerations and Working with Key Stakeholders.

SESSION 3

9:40am - 10:25am

Holistic recovery for modern day athletes

SESSION 4

10:30am - 11:15am

The secret to success with analytics and how it is forever evolving.

SESSION 5

11:20am - 12:05pm

Female Athlete Health: understanding the menstrual cycle and its influence on training, recovery and wellbeing.

SESSION 6

12:10pm - 12:55pm

Lumbar bone stress injuries & fast bowler workload management

SESSION 7

1:10pm - 2:00pm

Physical preparation and pre-season training for elite netball players

BONUS SESSION

Understanding and Measuring Fatigue in Team Sports