

GLOBAL

SPORTS PD NETWORK

HIGH PERFORMANCE SUMMIT

Global Sports PD Network High Performance Summit

Wednesday 10th November, 7am-2pm AEST



Carmen Colomer - Director of Sports Science at the Philadelphia 76ers (NBA)



Nick Potter - Director of High Performance & Sports Science; Duke University (Basketball)

Session Schedule



Event Schedule

1	7:00am - 7:50am	Overview of an Athlete Monitoring System	Nick Potter Director of High Performance & Sports Science; Duke University (Basketball)
2A	8:00am - 8:50am	How the role of a psychologist in professional sports has changed and what it looks like for the future	Derick Anderson Director of Sport Performance & Psychologist for the Washington Wizards (NBA) & Florida Panthers (NHL)
2B	8:00am - 8:50am	Running Applications for Sport Science	HP Cosmos & AIMedical
3A	9:00am - 9:50am	Developing a Performance Nutrition Department	Michelle Meinking Sports Performance Dietitian; Real Salt Lake (MLS)
3B	9:00am - 9:50am	Building a High Performance team and program	Devan McConnell High Performance Director; Arizona Coyotes (NHL)
4	10:00am - 10:50am	Confidence, mindset, self-awareness & self-evaluation.	Hannah Huesman Mental Performance Coordinator Philadelphia Phillies (MLB)
5A	11:00am - 11:50am	Lessons learned from building an interdisciplinary team in professional baseball. <small>*pre-recorded session</small>	Angus Mugford Vice President: High Performance; Toronto Blue Jays (MLB)
5B	11:00am - 11:50am	Applied Recovery – Building a recovery plan in an unpredictable environment. <small>*pre-recorded session</small>	Carmen Colomer Director of Sports Science at the Philadelphia 76ers (NBA)
6A	12:00pm - 12:50pm	Developing Players for Elite Sport	Misha Cavaye Strength Coach, Soft Tissue Specialist & Equipment Manager; South Bay Lakers (NBA G-League)
6B	12:00pm - 12:50pm	Maximising Player Availability in Elite Level Team Sports <small>*pre-recorded session</small>	Phil Hayward High Performance Consultant, Former Director of Performance & Sports Science in MLS & EPL
7	1:00pm - 1:50pm	Adaptability in the real-world; handling the demands of an NBA season.	Nathan Spencer Head Strength & Conditioning Coach; Orlando Magic (NBA)

International Timezones

	Summit Date	7am AEST	9am AEST	11am AEST	1pm AEST
Australia - QLD	Wednesday 10th Nov	7:00am	9:00am	11:00am	1:00pm
Australia - VIC, NSW, TAS & ACT	Wednesday 10th Nov	8:00am	10:00am	12:00pm	2:00pm
Australia - SA	Wednesday 10th Nov	7:30am	9:30am	11:30am	1:30pm
Australia - NT	Wednesday 10th Nov	6:30am	8:30am	10:30pm	12:30pm
Australia - WA	Wednesday 10th Nov	5:00am	7:00am	9:00am	11:00am
NZ - Auckland	Wednesday 10th Nov	10:00am	12:00pm	2:00pm	4:00pm
USA - Los Angeles	Tuesday 9th Nov	1:00pm	3:00pm	5:00pm	7:00pm
USA - New York	Tuesday 9th Nov	4:00pm	6:00pm	8:00pm	10:00pm
UK - London	Tuesday 9th Nov	9:00pm	11:00pm	1:00am	3:00am
S.A. - Cape Town	Tuesday 9th Nov	11:00pm	1:00am	3:00am	5:00am
India - New Dehli	Wednesday 10th Nov	2:30am	4:30am	6:30am	8:30am